FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

ton, D.C. 20549	OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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1. Name and Address of Reporting Person*  Ryan Edward A												ymbol ONAL		Relationship of Reporting Person(s) to Issuer (Check all applicable)     Director 10% Owner     Officer (give title Other (specifications))					vner		
(Last) (First) (Middle) 10400 FERNWOOD ROAD							of Earlie	est Tran	sactio	on (Mo	nth/[	Day/Year)		X Office (give title Other (specify below)  EVP & Gen. Counsel							
(Street) BETHESDA MD 20817  (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(3	·	(Zip)	- D	4:	- 0-	141						D.			0					
			le I - No						<u> </u>		ופוכ		•			1					
Date				2. Trans Date (Month/		ar) l	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Fransac Code (In 3)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and Securiti Benefic Owned		es ally Following	Form (D) o	r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
									G	Code	v	Amount	(A) or (D) Pr		се	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Class A Common Stock 08/04/						2014				М		8,520	) A	\$3	32.16	16 112,949			D		
Class A Common Stock 08/04/						4				S		8,520	) D	\$6	55.99	104	4,429		D		
		7	able II -										, or Ben ble sec			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,		Transaction Code (Instr.		n of		ate Exe iration I nth/Day	Date	ble and	Amount of Securities Underlying Derivative	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exer	e rcisable		xpiration ate	Title	Amou or Numl of Share	oer						
Stock Option (Right to	\$32.16	08/04/2014			M			8,520		(1)	02	2/10/2015	Class A Common	8,52	20	\$0.0000	0.0000	)	D		

## **Explanation of Responses:**

1. The options vest in four equal installments on each of the first four anniversaries of the February 10, 2005 grant date.

Bancroft S. Gordon, Attorney-In-Fact 08/05/2014

\*\* Signature of Reporting Person Da

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).