FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	IOTT RIC	MA					IONAL]	(Check all applicable) Director X 10% Owner Officer (give title Other (specify										
(Last) (First) (Middle) 10400 FERNWOOD ROAD						te of Earl	liest Trans	saction (I	Month		low)	below)						
(Street) BETHESDA MD 20817					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip)													Person					
		Tabl	e I - No	n-Deriv	ative :	Securi	ties Ac	quired	l, Dis	sposed o	f, or Be	nefici	ally Ow	ned				
1. Title of Security (Instr. 3) 2. Transacti Date (Month/Day						Execution if any	A. Deemed execution Date, any Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			d 5) Sec Ber Ow	mount of urities leficially ned Following lorted	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) or (D)	Price	Trai	nsaction(s) tr. 3 and 4)		(
Class A Common Stock					03/11/2010			S		22,100	D	\$28.	25(1)	54,483 ⁽²⁾	I	Trustee 17 ⁽³⁾		
Class A Common Stock					2010			S		21,900	D	\$28.	42 ⁽⁴⁾	32,583 ⁽²⁾	I	Trustee 17 ⁽³⁾		
Class A C	Common Sto	ock											2	0,331,418	D			
Class A C	Common Sto	ock											3	3,382,692	I	Other ⁽³⁾		
Class A C	Common Sto	ock												279,574	I	Spouse		
Class A C	Common Sto	ock												1,456,247	I	Spouse Trustee ⁽³⁾		
Class A Common Stock														496,960	I	Trustee 1 ⁽³⁾		
Class A Common Stock														5,321,507	I	Trustee 19 ⁽³⁾		
Class A Common Stock														742,223	I	Trustee 2 ⁽³⁾		
Class A Common Stock														500,542	I	Trustee 3 ⁽³⁾		
Class A Common Stock														786,960	I	Trustee 4 ⁽³⁾		
Class A Common Stock														798,940	I	Trustee 5 ⁽³⁾		
Class A Common Stock														580,915	I	Trustee 6 ⁽³⁾		
Class A Common Stock											\perp		\perp	732,274	I	Trustee 7 ⁽³⁾		
Class A Common Stock														787,220	I	Trustee 8 ⁽³⁾		
		Та								osed of, o convertib				d				
Derivative Conversion Date Executity or Exercise (Month/Day/Year) if an		3A. Deen Execution			tion of of of of (A Di of (In	Number	_	Exerci	isable and te	7. Title and Amount of Securities Underlying Derivative Security (Instr. : and 4)		8. Price of Derivative Security (Instr. 5)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

		Та						• •	ired, Disp options,		le sec	lor t	y Owned			
1. Title of Derivative	2. Conversion	3. Transaction	3A. Deeme		& ode Transa	V	6A)Num	n (150e) r	Expiration D	isΩaddee and		aSolodares	8. Price of Derivative	9. Number of derivative	10. Ownership	11. Nature
Eseptantation (Instr. 3) 1. Represents	of Exespises Price of the weighted a Derivative	e Month/Day/Year) verage sale price. Th	if any (Month/Dav ne highest pri	y/Year) te at whic	Code (1 8) ch share	nstr. s were s			(Month/Day/	rear)	Securi Underl	ties ying Swere sold :	Security (Instr.5) was \$28.25.	Securities Beneficially . Owned	Form: Direct (D) or Indirect	Beneficial Ownership . (Instr. 4)
3. The Report	ting Person disc	rom Stock Dividends	nership of the	e reported	l securiti	es exce					and 4)	ty (Instr. 3		Following Reported Transaction(s)	(I) (Instr. 4)	
4. Represents Remarks	ı ĭ ı	verage sale price. Th	le highest prio	ce at which	ch share	s were s	and 5)		5 and the lowe	st price at wh	ich share	s were sold v	was \$28.40.	(Instr. 4)		
				j							ncroft -Fact	S. Gordo	n, Attorne	i <u>y-</u> 03/15/201 	İ L <u>0</u> I	
Reminder: F	eport on a se	parate line for each	n class of se	ecurities	benefic	ially ov	vned di	irectly	or indirectly.	** (Signatur	or	ing Person	Date		
1	1 1	e than one reportir ts or omissions of	1 .			` ' ' '		n (sɔ) Se	Date £&ekc£sablel	Expiration Odatend 15 U	. S itCe 7	Number of \$156(Maa)res				

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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