FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

MAR	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)		Other (specify below) Lodging			
(Street) BETHESDA MD 20817 Line) X Form filed by Or	X Form filed by One Reporting Person Form filed by More than One Reporting				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) 2. Transaction Date (Transaction Disposed Of (D) (Instr. 3, 4 and 5) (Month/Day/Year) 3.	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
Code V Amount (A) or (D) Price Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)			
Class A Common Stock 10/10/2005 M 100 A \$28.22 403,562	D				
Class A Common Stock 10/10/2005 M 11,300 A \$33.16 414,862	D				
Class A Common Stock 10/10/2005 M 1,321 A \$7.2 416,183	D				
Class A Common Stock 10/10/2005 s 100 D \$63.18 416,083	D				
Class A Common Stock 10/10/2005 S 3,200 D \$62.46 412,883	D				
Class A Common Stock 10/10/2005 s 4,300 D \$62.53 408,583	D				
Class A Common Stock 10/10/2005 S 500 D \$62.54 408,083	D				
Class A Common Stock 10/10/2005 s 3,200 D \$62.55 404,883	D				
Class A Common Stock 10/10/2005 S 100 D \$62.57 404,783	D				
Class A Common Stock 10/10/2005 s 1,321 D \$62.68 403,462	D				
Class A Common Stock 329,360	I	Beneficiary 1			
Class A Common Stock 385,480	I	Beneficiary 2			
Class A Common Stock 5,413,980	I	By Corporation			
Class A Common Stock 160,000	I	LP Partnership			
Class A Common Stock 9,734	I	Sp Trustee 1			
Class A Common Stock 9,734	I	Sp Trustee 2			
Class A Common Stock 5,054	I	Sp Trustee 3			
Class A Common Stock 15,605	I	Spouse			
Class A Common Stock 25,877	I	Trustee 1			
Class A Common Stock 21,145	I	Trustee 2			
Class A Common Stock 15,057	I	Trustee 3			

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Transaction tte sonth/Day/Year) Transaction ###################################	Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) Angle Section Code (Instr. Derivative		Securities Acquired (A) or Disposed of (D) (Instr.		பிர்ளே Disgrosearof, Expiration Date ,(ஷெய்வத்தவே)nvertil		Derivative Security (Instr. 3 and 4) Amount or		Owned Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)			Pate Exerci Expiration EXPITATION Date and (Month/Day/Year)		Z-Title and Amount of Securities nares Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Class A Employee Stock Option (Right to buy)	\$7.2	10/10/2005		М			1,321	(1)	10/20/2007	Class A Common Stock	1,321	\$0	0.00	D	
Class A Employee Stock Option (Right to Buy)	\$28.22	10/10/2005		М			100	(2)	11/05/2013	Class A Common Stock	100	\$0	0.00	D	
Class A Employee Stock Option (Right to buy)	\$33.16	10/10/2005		М			11,300	(3)	11/04/2014	Class A Common Stock	11,300	\$0	0.00	D	

Explanation of Responses:

- 1. The options vested in four equal annual installments on each of the first four anniversaries of the 10/20/1992 grant date.
- $2. \ The \ options \ vest \ in \ four \ equal \ installments \ on \ each \ of \ the \ first \ four \ anniversaries \ of \ the \ November \ 5, \ 1998 \ grant \ date.$
- 3. The options vest in four equal installments on each of the first four anniversaries of the November 4, 1999 grant date.

Remarks:

By: Ward R. Cooper, Attorney-In-Fact 10/12/2005

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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